# ĀNANDA VĀRTĀ

A quarterly presenting the divine life and teaching of SRI ANANDAMAYI MA and various aspects of Universal Dhrama

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ANANDA VARTA welcomes contributions on the life and teachings of Ma and reflections and personal experiences of Ma's devotees and admirers. Articles on religious and philosophical subjects as well as on lives of saints and sages of all countries and all times are also invited. Articles should as far as practicable be typed with double spacing and on one side of the page.

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## ANANDA VARTA

The Eternal, the Atman— Itself pilgrim and path of Immortality Self contained — THAT is all in One.

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Man must go out in search of that which in concealed behind the world. He should choose an abode that will make it easy far him to proceed to his true Home.

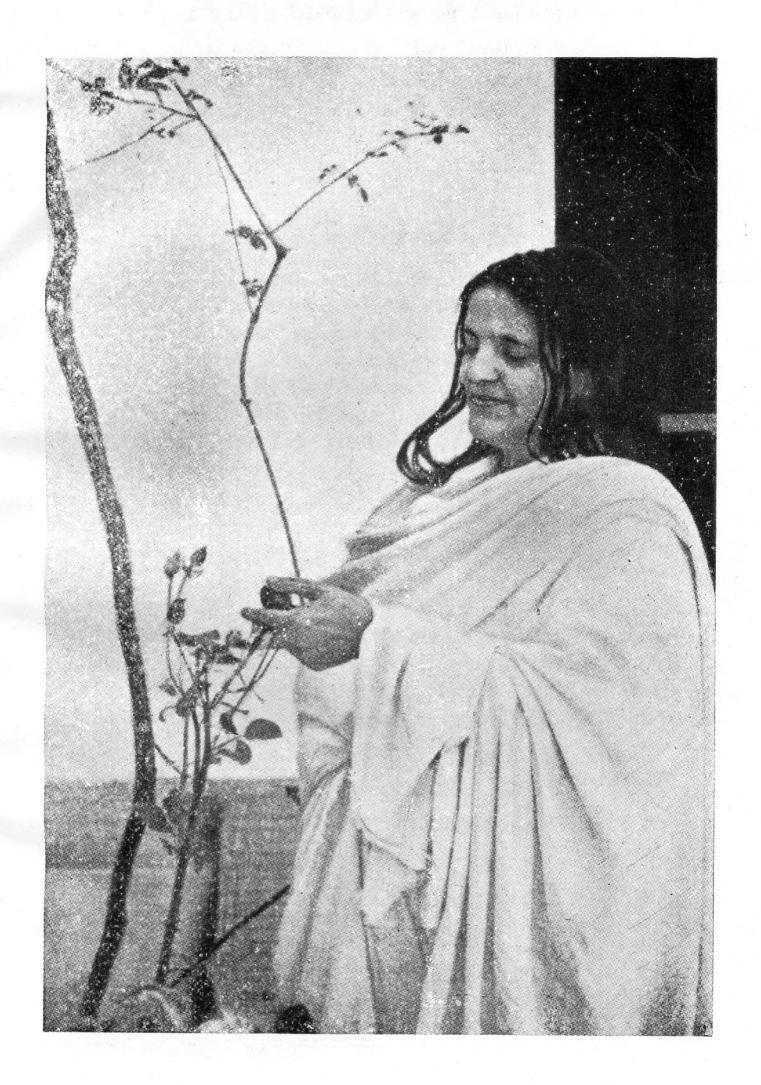
Sri Sri Ma Anandamayi

And of all yogis, he, who with the innerself merged in me, with sraddha devotees himself to me, is considered by me to be the most steadfast.

Shree Shree Sitaramdas Onkarnath

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The ceaseless, never-ending current of divine Mercy and Compassion ever flows forth, in that current one should bathe.

### Shree Shree Ma Anandamayee

Whatever result you achieve in Satya Yuga by dhyana, in Treta-Yuga by performing yagna and sacrifices, in Dwapara Yuga by doing service to God, in Kaliyuga you can get the same result by only Singing My Nama.

Sri Sri Sitaramdas Onkarnath

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### Matri - Vani

Man must go out in search of That which is concealed behind the world. He should choose an abode that will make it easy for him to proceed to his true Home.

That in which there is no question of form or formlessness, of beyond form and attributes, of transcending even the beyond — That alone is worthy of human aspiration.

What is perceived in this world is in the nature of a dream, similar to what one sees in dreams. The only difference is that the former takes place in the waking state and the latter during sleep. Albeit I am always with you, mother.

Whatever happiness or pain is experienced depends upon what one believes and how one Views whatever happens. If one wishes to go beyond beliefs and points of View, one must have faith in the Almighty.

No evil can ever overcome him who clears to God's name. What one suffers is in exact keeping with the nature of one's actions. If the flow of God's name is sustained, all work will beget the good.

Two days pass alike. Do not allow yourself to be overcome by despair. Have complete trust in Him inspite of everything to Him you should call out in happiness and in pain. If you have fallen to the ground use it as a lever to raise yourself up again, for it is man's duty to exert himself, no matter what he undertakes.

### Annual Naam Kirtan at "Matri-Mandir"

# SHREE SHREE ANANDAMAYEE CHARITABLE SOCIETY "MATRI MANDIR"

57/1, Ballygunge Circular Road, Calcutta-700 019 Phone: 474-8504

Dear Brother/Sister,

With deep pleasure, we are announcing the celebration of Annual 'Naam Kirtan' at our above addressed office. The Adhibas will be observed in the evening of Saturday, the 22nd March, 1997. Next day, i.e. on Sunday, the 23rd March, 1997—a DAWN TO DUSK NAAM KIRTAN will be observed. On this occasion, Special Puja of Shree Shree Ma Anandamayee, Shree Shree Narayanji and Shree Shree Baba Onkarnathji will also be performed. At noon after Purnahuti, prasadam will be distributed among the devotees participated in the function.

We look forward to your active participation in this auspicious function.

Yours
In the Service of MA,
Members
(Executive Council)
Shree Shree Anandamayee
Charitable Society

Dated:

The 1st January, 1997