

MA ANANDAMAYEE AMRIT VARTA

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with the divine life and sayings of
Sri Anandamayi Ma

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CONTENTS

1.	Matri-Vani	1
2.	Pages from the diary of Gurupriya Devi	3
3.	Conversation with Swami Vijayananda	9
4.	"I belong to everyone" — <i>Bithika Mukerjee</i>	12
5.	Supreme woman of being — <i>Chloe Goodchild</i>	14
6.	The Fundamentals of Indian Philosophy — <i>Sri P.C. Mehta</i>	21
7.	From notes taken in Sri Ma's presence — <i>'Kirpal'</i>	26
8.	In association with Ma Anandamayee — <i>Amulya Kumar Dutta Gupta</i>	28
9.	With Mother in the Kumbh Mela — <i>Shraddha Davenport</i>	36
10.	Installation of Sri Ma's statue	42



MATRI VANI

Remember, the Almighty reveals Himself in the many as the One Supreme Form—just as there is ice in water and water in ice.

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That manifests as forms and modes of being. If someone who aspires at the Formless realizes Him as the One-without-a-second (*advitiya*), but fails to realize Him in the field of His Divine Play (*divya lila*), his realization is not complete, for he has not resolved the problem of duality.

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Realization must, therefore, be all-comprehensive, all-embracing, and one must recognise one's Self in everything.

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That the One is in all and that all abide in One have to be revealed. When the Kingdom of Pure Consciousness has been attained, Form is revealed as the Essence Itself.

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It is you who have created the distinction between the natural and the supernatural. As a matter of fact all and everything is but His *Lila* (play). In the all He has to be found.

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When Consciousness is revealed in its undivided Oneness, some find themselves in a pure Self-conscious Silence (*advaita sthiti*), while It presents itself to others as His Divine Play (*divya lila*).

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Worldly sorrow comes through the sense of want, but to pine for Him is man's true nature.

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